

## CHG HEALTH EDUCATION PROGRAMS

July 2019

**For Members:** Did you know that Community Health Group offers health education classes at no cost to members?

We work with various providers to offer different types of classes throughout San Diego County. These classes can help members learn how to take control of their health.

Call our Customer Service Department at **1-800-224-7766** for more information or visit our website for a listing of classes at <https://www.chgsd.com/members/health-education>.

**For Providers:** Did you know that Community Health Group offers various health education trainings for providers?

We work with the Healthy San Diego Health Education Cultural and Linguistics Workgroup to offer various in-person provider trainings throughout the year. We also host quarterly health education forums to build capacity for preventing or controlling the most pressing health problems in San Diego County.

### **Recent trainings included:**

<i>Language Access Webinar</i>	<i>2/6/2019</i>
<i>Addressing Mental Health</i>	<i>3/18/2019</i>
<i>Promoting Healthy Eating</i>	<i>3/20/2019</i>
<i>How to Improve Immunizations</i>	<i>7/22/2019</i>

### **Future trainings include:**

<i>Caring for Caregivers</i>	<i>9/16/2019</i>
<i>Trauma Informed Care</i>	<i>10/18/2019</i>
<i>Maternal &amp; Child Health</i>	<i>12/16/2019</i>

For information on CHG's health education forums and Healthy San Diego provider trainings, please contact our Health Education Manager at **1-619-498-6419**.

In addition, our HEDIS team provides in-person trainings to assist providers with HEDIS scores.

Finally, CHG offers other health education tools for providers via:

- Quarterly Provider Newsletters
- Fax Blasts
- On-line Videos in Provider Portal
- On-line Health Education Documents in CHG website

Call our Customer Service Department at **1-800-224-7766** for more information or visit our website for clinical guidelines and other health education tools at <https://www.chgsd.com/providers>.