

2018 Pediatric Preventive Health Guidelines

Guideline	0-24 Months	2-5 Years	6-10 Years	11-21 Years
Physical Exam (Well Visit)	At 2-4 days, 1 month, 2 months, 4 months, 6 months, 9 months, 12 months, 15 months, 18 months	Every Year	Every Year	Every Year
Periodic Health History				
Development / Behavioral Assessment & Anticipatory Guidance				
Nutritional/Physical Activity Assessment				
Height and Weight				
BMI % plotted on growth chart ages 2-20				
Staying Health Assessment Tool (SHA Tool)				
Initial Health Assessment (IHA)	Within 120 days of enrollment with CHG or documented within the past 12 months prior to enrollment with CHG			
Head Circumference	For infants up to 24 months	N/A	N/A	N/A
Blood Pressure	N/A	At 3 years and older, document blood pressure at every well visit		
Dental Referral	Inspection of mouth, teeth, and gums performed at every well visit & refer for dental visits annually beginning at age 1.			
Hearing Screening	Clinical screening up to age 2	At 3 years and older, document results of audiometric tests at every well visit		
Vision Screening	Clinical screening up to age 2	At 3 years and older, document results of visual acuity screening tests at every well visit		
Depression Screening		Every well visit starting at age 12 (USPSTF)		
Pelvic Exam	Between 13-15 yrs, a 1st visit to practitioner should include health guidance, STD screening, & preventive health (pelvic exam not required).			
Screening for Sexually Transmitted Infections / HIV	N/A		STI screening for all sexually active members (AAP) HIV screening once between 15-18 years of age (USPSTF)	
Hgb or Hct	Once between 9-12 months. Once between 15 months and 5 years. At each well exam for at-risk members		High risk	Menstruating female: annually Male: age 13
UA or Dipstick	N/A	At 4-5 years According to risk.	According to risk.	At each well visit between 11-21 yrs. according to risk (18 yrs. preferred). Dipstick analysis for leukocytes annually for all sexually active adolescents
Lead Levels	At 12 and 24 months and between 24 and 72 months if 24-month test was missed			N/A
Tuberculosis Screening	Annual risk assessment & symptom screen; PPD or QuantiFERON TB test if indicated / at risk			
Fasting Blood Glucose and Cholesterol Screening	N/A	FBS ages 5-20 years 11 months. Screen for both if BMI >= 85% with 2 risk factors as documented Screen once for cholesterol between age 9-11 and 17-21, more if at risk.		
Hepatitis B (Schedule does not include Comvax vaccines) three doses	At birth-2 months, at 1-4 months, & 6-18 months	N/A	N/A	Catch-up between 24 months and 18 years
Rotavirus (minimum age: 6 weeks; maximum age: 8 months)	Rotarix: 2-dose series at 2 and 4 months RotaTeq: 3-dose series at 2, 4 and 6 months. If any dose in the series is either RotaTeq or unknown, default to 3-dose series	N/A	N/A	N/A
DTaP (Minimum age: 6 weeks)	4 doses: at 2 months, 4 months, 6 months, & between 15-18 months	5th dose between 4-6 years		N/A
Tdap	N/A	N/A	Administer at 11-12 y/o then booster every 10 years per protocol.	
Hib (Schedule does not include Comvax vaccines)	At 2 months, 4 months, 6 months, & 12-15 months	Catch-up between 18 months and 5 years	N/A	N/A
Inactivated poliovirus vaccine (IPV)	3 doses: at 2 months, 4 months, & between 6-18 months	4 th dose between 4-6 years	Between 7 - 18 if high-risk and never vaccinated	
Measles, Mumps, Rubella (MMR)	1 st dose between 12-15 months	2 nd dose between 4-6 years	Offered to all ages between 7 - 18, if not already immune	
Varicella (VZV)	1 st dose between 12-15 months	2 nd dose between 4-6 years	Offered to all ages between 7 - 18, if not already immune	
Hepatitis A	Two doses: first dose between 12 & 23 months of age. Second dose 6 - 18 months later.	Catch-up between 2 and 6 years, for high-risk between 7 and 18 years		
Pneumococcal Conjugate (PCV-13)	At 2 months, 4 months, 6 months, & 12-15 months			
Influenza Immunization	Annually (IIV only) starting age 6 months.	Annually (IIV or LAIV)		
Meningococcal (MenACWY-D > 9 mos; MenACWY-CRM > 2mos)	See high risk guidelines for children with asplenia or complement deficiency.		2-dose series: 11-12 years and 16 years (CDC Jan. 2018)	
Human Papillomavirus (HPV) Minimum age 9 years	N/A	N/A	Age 9-14 years at initiation: 2 dose series at 0, and 6-12 months Age 15 years or older at initiation: 3-dose series at 0, 1-2 months, and 6 months (CDC Jan. 2018)	